

REAPS READER

Have you helped the environment today?

OCTOBER IS WASTE REDUCTION MONTH

It's that time of year again! R.E.A.P.S. is encouraging all the classes in school district 57 to reduce solid waste. That means YOU! You're invited to participate in making our planet a healthier place by taking part in the annual Waste Reduction Challenge. The Challenge will be held during the week of October 16 - 22. The classroom that produces the least amount of waste for the week will receive a prize!



To participate set up 5 containers: One each for glass, cans, compostables, refundable containers (pop bottles, cans, juice boxes) and true garbage. At the end of each day, weigh the materials in each container and record it on the sheet provided. Dispose of the materials properly.

To register call R.E.A.P.S. @ 561-7327 or email garden@reaps.org and receive your information package. For reducing tips check out www.wrwcanda.com

Crunchy Pumpkin Seeds

- 1 1/2 tbsp margarine
- 1/2 tsp salt
- 1/8 tsp garlic salt
- 2 tsp Worcestershire
- 2 cups pumpkin seeds



Combine all ingredients and roast at 300° F until crunchy, or about 1 hr.

H	W	O	R	M	S	T	H	L	C
H	A	L	L	O	W	E	E	N	O
Z	L	P	U	M	P	K	I	N	M
X	K	U	D	R	F	J	R	R	P
W	P	F	R	E	U	S	E	U	O
E	A	R	Y	D	N	A	C	T	S
I	P	S	G	U	T	L	Y	E	T
G	E	S	T	C	R	K	C	R	M
H	R	N	E	I	O	L	P	T	
R	E	A	P	S	D	E	E	S	Q
B	I	C	Y	C	L	E	I	R	U

Find the 18 words hidden in the word search:

bicycle, candy, cans, compost, dirt, Halloween, paper, pumpkin, REAPS, recycle, reduce, return, reuse, walk, waste, weigh.

Reducing Tips

- Use a reusable lunch bag.
- Bring your lunch in Tupperware and not plastic bags.
- Save old worksheets and use as scrap paper.
- Make a milk jug skeleton for Halloween. (Template available from us).
- Recycle paper that can not be reused.
- Start a worm bin to keep compostables out of the trash.
- Buy beverages in recyclable containers.
- Reuse your empty bottles to bring juice for lunch.
- Use newspaper and flyers as wrapping paper.
- Make your Halloween costume out of old materials like paper, cardboard boxes, old clothes and other stuff you might have lying around the house.
- Donate your old clothes rather than throwing them away.
- Take your bicycle or walk to school.



October 2
World Habitat Day

October 2 - 6
Walk to School Week

October 4
Walk to School Day

October 9
Thanksgiving

October 16 - 22
Waste Reduction Week

October 31
Halloween

In partnership with Science World's Scientist and Innovators in the School (SIS) program, REAPS school program is supported by the Program for the Awareness and Learning of Science (BC PALS) which is supported by the province of British Columbia through the Ministry of Education.