

# REAPS READER

Have you helped the environment today?

## NEW YEAR'S RESOLUTIONS!

Does everyone keep asking you what your New Year's resolutions are? This year, try making some resolutions that better the environment. It could be as simple as using Tupperware for your lunches instead of plastic baggies. You could even try something more ambitious like starting a recycling club at your school or in your neighbourhood. Challenge your classmates to do the same thing as well as your family. It is never too late to start to make a difference in the world!! For lots of interesting ideas, check out the waste reduction website at: [www.wrwcanada.com](http://www.wrwcanada.com).

## GARBAGE PICK-UP

Close to 30,000 volunteers cleared more than 100,000 kilograms of trash from 5,000 kilometres of Canada's coastlines in a massive one-day effort in 2007, the table below shows the results:

Item	Total collected	%
Cigarettes/cigarette filters	1,971,551	27.2
Food wrappers/containers	693,612	9.6
Caps/lids	656,088	9.1
Bags	587,827	8.1
Beverage bottles	494,647	6.8
Cups, plates, cutlery	376,294	5.2
Glass beverage bottles	349,143	4.8
Cigar tips	325,893	4.5
Straws, stirrers	324,680	4.5
Beverage cans	308,292	4.3

## DID YOU KNOW?

Canadians waste **over** 200,000 tonnes of food each year. WOW!!! That is a lot of food being wasted considering that 3,000,000 Canadians are forced to turn to their local food bank every year for help!!!!

Some running tracks have been made out of old running shoes!!

Park benches can be made from recycled milk jugs.

Carpet and some fleece jackets are made from recycled pop bottles!

Washing your clothes in cold water is 93% more energy efficient than using hot water.

**Guess how many the average North American eats each year?**

- Scoops of ice cream a) 150 b) 80 c) 35
- Apples a) 260 b) 120 c) 48
- Potatoes a) 350 b) 204 c) 89



## Important Dates to Remember

January 1- New Year's Day  
 January 23- Weedless Wednesday  
 January 26- Chinese New Year

Answers: 1.a, 2.c, 3.b

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