

# REAPS READER



Have you helped the environment today?

## Living in a Green World

Scientists around the globe agree that we all must do our share to take care of our planet. This means making changes to our daily lives to reduce global warming and reducing the use of chemicals that deplete the Earth's protective ozone layer.

Green is a term that many people use to talk about taking care of the planet and not overusing the resources that we all share. If you want to make a difference, the best way to start is to follow these three principles:

### *Reduce, Reuse, and Recycle*

**Reduce** means to use less of everything: less energy, less paper, less gas, and less water. It means to ride a bike or drive a hybrid car, and to turn off the water when you are brushing your teeth.

**Reuse** means to find new uses for your old products. Turn a pair of jeans into a cool purse, or use broken flower pots and create mosaic for a table or photo frame. Use newspapers to make paper mache art for a friend.

**Recycle** means to take your used products like cans, bottles, plastics, and paper and donate them to groups that turn them into new products.



Don't pile your plate. "When's dinner?" you want to know. You're

*starving* after a long day at school! Even so, restrain yourself and take only what you know you'll really be able to eat. Enough edible food to feed about 39 million people ends up in landfills in Canada each year.

## REAPS Recycle Toy Drive

Do you have toys sitting in the closet that you never use, or a pile in the basement that has been sitting there for years.

Well now is the time to go through your toys and donate them to local children who are less fortunate because the

Holiday season is a time for giving. REAPS will be collecting toys for the season on November 27 from 10 a.m. to 2 p.m. at REAPS 1950 Gorse Street.



## Newspaper Beads

You don't have to spend a lot of money on jewellery. Make beautiful beads with old newspapers.

### YOU WILL NEED

- Old newspapers
- White glue
- Varnish
- Craft paint
- Drill
- Ribbon or string
- Sandpaper



### HERE'S HOW

1. Round up a few newspapers.
2. Tear the paper into small pieces.
3. Place the pieces of newspaper in a large pot.
4. With the help of an adult, cover paper with boiling water.
5. Allow newspaper and water to sit for an hour, stirring occasionally to break the pieces up.
6. Drain the water out.
7. Add glue to the paper.
8. Roll the paper into round balls.
9. Let them dry for a few days.
10. Smooth each bead down with a bit of sandpaper. It helps when applying paint.
11. With the help of an adult, drill a hole in each bead.
12. Paint them.
13. Coat beads with varnish.
14. After varnish dries, string a ribbon through the beads.

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