

REAPS READER

SOME IMPORTANT

DATES TO REMEMBER: Have you helped the environment today?

April 7– World Health Day

April 22– Earth Day

April 24– Arbour Day

Earth Day is held every year in more than 192 countries and was first celebrated on April 22, 1970.

Founded by Senator Gaylord Nelson, the purpose was to bring awareness to sustaining our planet's resources by keeping it healthy and unpolluted. Citizens made promises to help the environment by starting to make changes in their communities.

Such activities people participate in include picking up litter around town or in the wilderness as well as planting trees!

Earth Day!

.. is on April 22



HAPPY EARTH DAY

You can help celebrate Earth Day by:

- ~clean up any litter on your street or in the school yard
- ~pack a lunch that does not produce any garbage
- ~plant a tree or flower
- ~walk or ride a bike to school
- ~plant a vegetable garden
- ~put a birdhouse or feeder in your yard to invite birds

~collect any old items like toys, clothes or housewares that you don't use anymore and donate them to local charities

Earth Day Cupcakes



- 12 tablespoons (1 1/2 sticks) butter, softened
- 1 1/2 cups sugar
- 2 cups flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 6 large egg whites
- 3/4 cup milk
- 2 teaspoons vanilla extract
- blue and green food coloring
- cupcake liners

Directions

Line muffin tins with cupcake liners. Preheat oven to 350 degrees. In a large mixing bowl, beat butter and sugar for about 5 minutes, until light and fluffy. Stir together flour, baking powder and salt, then set aside. Combine egg whites, milk and vanilla. Add 1/3 of the flour mixture to butter mixture then add half the milk mixture. Continue to alternate beginning and ending with flour mixture. Divide batter into two mixing bowls, about 2/3 in one and 1/3 in the other. Stir in approximately 50-75 drops of blue food coloring into the bowl with more batter, or until you reach the desired color. Stir approximately 30-45 drops of green food coloring into the bowl with less batter, or until you reach the desired color.

Add two tablespoons of blue batter into each cupcake liner, followed by a generous tablespoon of green batter, offset to the side (to create the look of land and sea. Add more green or blue to create desired look, or until liner is 2/3 full. Bake for 18-24 minutes, or until a toothpick comes out clean.

