

REAPS READER

Have you helped the environment today?

New Year Resolutions



January is here and that means it is time for New Years Resolutions! If you have already made some goals good job! If you have not or are looking for another why not make a promise to more green this year? There are planet of things that you can do such as:

~ Use reusable bags when you go shopping for anything! This way you will not have to use any plastic bags which use lots of oil to make.



~ Try growing your own fruits and vegetables, without any pesticides or chemical fertilizers of course! This will help you to have lots of healthy food to eat throughout the summer and early fall without needing to drive a kilometer.

~ Walk, bike, skip or use any another way to get to school, the store or your friends home. In the winter wrap up warm and bring a sled to help on some of those hills!

~ Use reusable water bottles and ceramic mugs for all of your drink needs. If you think you might forget leave a cup in your favorite bag so you never have to worry.



~ Decide if you really need to buy something. You might be able to borrow it from a friend or you might not need it all! By lowering the amount of things that you buy you will help save all of the resources that are required to make something.

Whatever your resolution ends up being, have fun! If you feel overwhelmed start small and you slowly make a habit out of whatever you choice to do. Being green should get easier not harder over time.