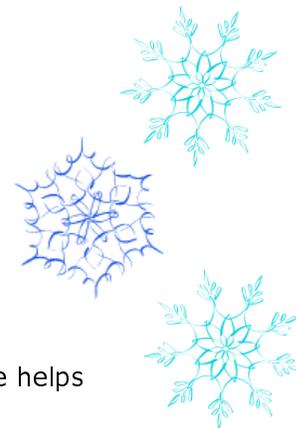


Have you helped the environment today?

The Holiday season is almost here, but just because we are taking a break to enjoy the holidays does not mean that the planet should. During the holidays we Canadians generate an extra 300 000 tonnes of garbage (that is the same as 1500 blue whales!). How can you help? Wrap presents in newspaper or recycled paper or place them in reusable containers. You can also make gifts (that will have less packaging then store bought) or Holiday apparel. Looking for an idea? Why not start with a toilet paper advent calendar (instructions below. Remember every little change that we make helps the Earth the have a happy holidays too!



Toilet Paper Advent Calendar

The instructions below are suggestions and this calendar can easily be modified to reflect your own vision using materials that you have around your classroom or home.

Materials:

- 24 toilet paper rolls
- acrylic craft paint
- security envelopes
- snowflake hole punch
- sewing machine, stapler or glue gun
- cork board
- mini clothespins
- ribbons or lace
- fabric to cover board
- stamp pad and numeral stamps

How to Make:

1. close one end of the toilet paper roll by sewing, stapling or gluing
2. Paint each roll and leave to dry.
3. Punch snowflakes out of blue security envelopes and place onto toilet paper rolls. Feel free to add another other decorations that you would like
4. Number each roll with a stamp or a pen
5. Cover the cork board with fabric.
6. Now is time to hang your calendar. You can pin each roll to the cork board or hang ribbon or lace and close pin each roll to that.
7. Place homemade sweets into each pouch and enjoy!

