

REAPS READER

Have you helped the environment today?



This month marks Valentine's Day and while we want to get someone, or ourselves, something sweet to eat we also want to be kind to the environment. Skip the chocolates in too much packaging and try making something sweet in your home.

Rocky Road Candy

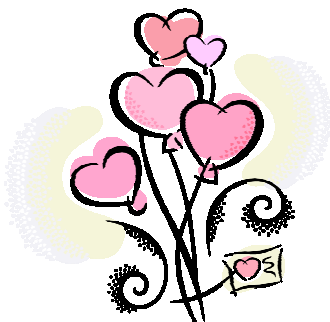
Ingredients

- ~9 ounces dark chocolate, chopped
- ~2 cups miniature marshmallows
- ~ 1/2 cup chopped toasted walnuts



1. Cover cookies sheet with aluminum foil or parchment
2. Melt chocolate stirring until completely smooth
3. Add walnuts and marshmallows. Keep stirring until everything is coated in chocolate
4. Drop by teaspoons onto cookie sheet
5. Chill in refrigerator until set
6. Enjoy!

Now that we have a new treat for Valentine's Day what about the card? Instead of buying a new card make your own. You can use old cards, magazines or draw your own heartfelt design .



If you want a nice saying for the front look online. You can often find many different holiday saying with a simple web search.

