

REAPS



REPORT

Hotline 250-561-7327

January 2009

COMING EVENTS

JANUARY

- 3, 4, 10, 11 Christmas Tree
Recycling @ CN Centre
- 17 Farmers' Market @
St. Michael's Church,
- 22-23 Economic Summit @ Civic
Centre
- 23-Feb 1 Coldsnap Music Festival

FEBRUARY

- 14 Farmers' Market @
St. Michael's
- 19-22 National WinterLights
Symposium & Awards

MARCH

- 7 REAPS 19th Annual AGM

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CELEBRATING 20 YEARS! R.E.A.P.S Annual General Meeting

Date: Saturday, March 7, 2009

Time: 1:00pm - 3:00pm

Location: Northern Interior Health Unit,
144 Edmonton Street (across from the
hospital)

REAPS' AGM will be held Saturday
March 7, 2008 from 1-3pm at the North-
ern Interior Health Unit (across from the
hospital). Election of the 2009 board

will take place. Visit our board informa-
tion page @ www.reaps.org for more
information on board positions or contact
volunteer@reaps.org or call Terri at 561-
7327.

Year in review will commence at 1pm
followed by a refreshment break and at
2:15pm we will introduce our guest
speaker. Speaker is TBA - watch our
website for updates on our guest
speaker.

Green Resolutions for 2009

Adapted from: <http://greenlivingideas.com/holidays/new-years-resolutions-for-going-green.html>

There's nothing like a new year to get us
thinking about how we can improve on our-
selves. Here are some ideas for greening
the new you:

- Vow to obtain as much of your food locally
as possible.
- Boycott at least one non-green product all
year. Make it something that you like and
would purchase if it were more eco-
friendly. Write to the company that manu-
factures this product and tell them why you
now choose not to buy it.
- Give up using paper napkins and paper
towels. Buy some decorative organic cloth
napkins. Clean up spills with old towels cut
into smaller squares and then toss them
into the laundry.
- Cut down on the power that your electronic
devices use by plugging them into power

strips you can conveniently switch off when
you're not using them.

- Turn off the faucet while you're washing
dishes. Fill a pot or bowl with soapy water
rather than an entire sink.
- Buy less stuff and really give thought be-
fore you buy something. Go for quality
items.
- Pledge to actually remember to bring your
own grocery bags when you go shopping.
Hang them on your doorknob so you'll take
them when you leave the house. Don't
hesitate to run back to your car if you find
you've forgotten them again.

Talk to everyone you know about your reso-
lutions - you'll be much more likely to stick to
them and you may inspire others to adopt
similar practices. Happy Green New Year!

It is time to renew your REAPS membership for 2009.

See back page for membership application form and fees. Thank you for your support!

REAPS NEWS

Web Pick of the Month

www.ecokids.ca
EcoKids - by Earth Day Canada

A free environmental education program that offers curriculum-linked materials and activities for Canadian elementary schools and an interactive environmental web site for children, their families, and educators. It offers topical information about the environment through interactive, fun, educational games and activities that utilize participants' willingness to learn.

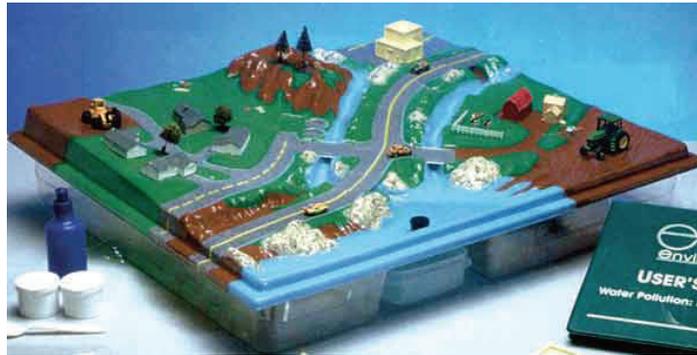
Book of the Month

From the Ground Up: A Horticultural Guide For Northern Gardeners
 ISBN: 978-1-4251-6601-4

Hot off the presses: Written by Barbara Rayment of Birch Creek Nursery in Prince George, this nearly 500-page text offers advice on those aspects of gardening which are specifically northern. Although you will not find pictures of plants in this book, you will find botanical and common names, as well as descriptions of annuals, perennials, trees & shrubs, and fruits & vegetables that will grow here, grouped according to a vast array of factors. A must-have for the northern gardener!!

New School Presentation Developed

With Climate Change being on the forefront in the news and on people's mind. REAPS' Katimavik participant - Mireille has developed a presentation targeting Grades 2—5 on "Global Warming and What it Means to Us". Mireille (who is from Quebec) has made two watershed models that she uses with the children to explain climate change and how it effects us. She will be giving her first presentation on January 19th to a Grade 2 French class at Ecole College Heights Elementary in French. The teacher and students are very excited to be participating.



VOLUNTEER

OPPORTUNITIES

The contributions from volunteers are fundamental to every community. Exciting opportunities are available with REAPS; join others in promoting the 3Rs and providing Environmental Education in our community.

BOARD POSITIONS

All board positions are up for renewal March 7th at the AGM. For more info check out website at www.reaps.org

RECYCLE TOY DRIVE WRAPPED UP

The REAPS 12th Annual Recycle Toy Drive was held on Saturday November 22nd, resulting in the collection of 79 boxes of lightly-used toys. After the event, donations continued to come in, bringing the total to over 140 boxes of toys that were distributed to organizations in Prince George.

Thanks to all the volunteers and everyone who donated toys for this good cause, especially the children at Foothills Elementary who contributed (and counted!) 2000 items.



FUNDRAISING COORDINATOR

Seeking motivated individual with a flare for writing proposals and seeking funds for NGOs.

DUMPY THE OVERFED LANDFILL - is REAPS' mascot which attends school presentations and community events. Approx. 1.5 hours a month.

Interested in one of the above? Contact Terri at 561-7327 or

LOCAL NEWS

CHRISTMAS TREE DROP OFF

Recycle your Christmas tree!

On the weekends of **January 3 & 4** and **January 10 & 11** from 9 a.m. to 5 p.m., you can bring your Christmas tree to the CN Centre parking lot for chipping and composting.



This initiative is a partnership of the City of Prince George Solid Waste Services and the PG Central Lion's Club.

PINE BEETLE WOOD CONCRETE

The University of Northern B.C. received major federal government funding from an initiative to help spur economic diversification and offset mountain pine beetle impacts. Among the projects is a market research effort to find a way to commercialize mountain pine beetle wood concrete products. UNBC graduate student Sorin Pasca has helped to create the beetle-wood concrete, a new environmentally friendly product. The idea is to promote the unique qualities of the product, which combines the structural strength of concrete and the aesthetic quality of wood.

The most recent beetle spread numbers released by the province's forest ministry last spring show the beetle epidemic is slowing in B.C. The epidemic covers about 13.5 million hectares, an area four times the size of Vancouver Island. The beetles and their larvae destroy lodgepole pine by eating out the inner bark, as well as by introducing a fungus that impedes water flow. Warm, dry springs and summers in 1997 and 1998 allowed the infestation to spread rapidly through mature lodgepole pine forests, abundant in the Interior. Consecutive mild winters also helped its advance. By the time it runs its course, 75 per cent of the Interior's pine is expected to be dead.

PREMIER CAMPBELL TO HOLD ECONOMIC SUMMIT IN PRINCE GEORGE

Source: reprinted from www.princegeorgecitizen.com/20081211165720/local/news/economic-summit-dates-set.html

The date has been set for an economic summit Premier Gordon Campbell promised to hold in Prince George when he unveiled his 10-point plan to respond to the global economic slowdown during a televised speech in late October.

To be held January 22 and 23 at the Civic Centre, the summit is being billed as a chance to explore the options and opportunities related to a wide range of issues and will feature prominent speakers and B.C. cabinet ministers.

The proposed agenda includes plenary panels on economic opportunities in northern B.C. and sessions on the Pacific Gateway and transportation, productivity, mining and the proposed Highway 37 northern energy corridor, **environmental technologies** and the **low-carbon economy**, the mountain pine beetle and the future of forestry, agriculture and post-secondary education.

The cost to attend is \$100 per person or \$1,000 per table. Ministry of Technology, Trade and Economic Development spokesperson Gordon Williams said the money will pay for such costs as meals, renting the facility and speakers' fees.



For more information go to <http://www.thebceconomicsummit.ca> or call 1-866-646-3561.

AROUND BC

REPORT SURVEYS POSSIBLE SEA CHANGE FOR BC COAST

Source: Ministry of Environment News Release December 16, 2008 (www.gov.bc.ca/env)

The Province of B.C. has released a report on projected sea level changes in an effort to help B.C.'s coastal communities prepare for climate change and its serious effects, such as flooding, Environment Minister Barry Penner announced Dec. 16th.

The provincial report, entitled Projected Sea Level Changes for British Columbia in the 21st Century, summarizes a scientific study published by the Government of Canada, which is the first comprehensive analysis of sea level change for B.C.'s coast since 1997.

"This report highlights why it is so important that we continue to aggressively combat climate change by reducing carbon emissions, while helping to prepare British Columbians for, and protect them from, the negative consequences of climate change," said Penner.

According to scientists involved with the Inter-governmental Panel on Climate Change, the 21st century will continue to see global sea levels rise as a result of melting continental glaciers and ice caps and warming of the upper ocean.

However, natural factors unique to B.C. – such as the Pacific Northwest climate and vertical land movements – could alter sea levels in ways that vary greatly along the B.C. coast.

Another report on sea level rise, published in January 2008 by the University of Washington and the Washington Department of Ecology, came to similar conclusions. Under the terms of an MOU signed in June 2008, B.C. and Washington State will collaborate to address the scientific uncertainties around sea level rise, inform communities and explore how best to protect coastal communities.



"Sea level rise due to climate change is a significant concern for coastal communities in Canada. This report is invaluable as a research and planning tool to guide British Columbia communities on how to prepare for and mitigate the impact of rising sea

levels," said Gail Shea, Minister of Fisheries and Oceans.

The federal Department of Fisheries and Oceans is the lead author of the report – An Examination of the Factors Affecting Relative and Absolute Sea Level in Coastal British Columbia – and co-author of the journal publication Relative and Absolute Sea-Level Rise in Western Canada and Northwestern U.S. from a Combined Tide Gauge-GPS Analysis. These two papers were used to generate the short version published by the Province of B.C.

In 2007, the B.C. government announced a 10-year, \$100-million flood protection program. This year, \$94.5 million was also provided by the Ministry of Environment to support the Pacific Institute for Climate Solutions and the Pacific Climate Impacts Consortium for research purposes and adaptation strategies.

An electronic version of the B.C. report can be downloaded at www.env.gov.bc.ca/epd/climate/reports.htm.

E-WASTE RECYCLING TO EXPAND

Source: Reprinted from BCLocalNews.com Written by Jeff Nagel, BC Local News, Dec. 22, 2008

Dozens more products – from telephones and toasters to stereos and sewing machines – are going to be added to B.C.'s electronic waste recycling system over the next three years. Virtually anything that has a cord or a battery will also be returnable to an e-waste recycling depot as part of a two-stage expansion of the existing program that first launched with a focus on computers and TVs in the summer of 2007. The computers and peripherals covered under the existing e-waste rules are banned from local dumps and buyers of new equipment pay an added recycling fee to cover the costs of the system.

Joyce Thayer, representing the Electronic Stewardship Association of B.C., says similar fees will be tacked on to purchases of the new products. "It's a wide range of products," she said. "It's going to go into things like VCRs, DVD players, stereo equipment, video cameras and digital cameras." They'll be accepted at the existing 93 e-waste

depots around the province.

But the new rules are expected to also sweep up many other manufacturers and retailers not currently covered. That's because many of the listed products – such as coffee grinders, electric shavers and power tools – are electrical but not electronic. It's not yet clear how those firms will join the system.

The first stage of the expansion, covering mainly household devices and appliances, will take effect in July of 2010, with another swath of primarily larger appliances and machines to be added in July of 2012.

Thayer said B.C.'s existing e-waste system has collected more than 12,000 tonnes of TVs, computers and related peripherals so far. "We're taking more than 1,000 tonnes a month," she said. "It's amazing – in just over a year we are the second most successful program in North America."

The e-waste recycling system aims to keep electronics out of local landfills or from being exported overseas to be salvaged by impoverished workers in



dangerous conditions. Audits ensure products collected are responsibly recycled.

For an official list of the products to be accepted, see: www.env.gov.bc.ca/epd/recycling/resources/new_products/index.htm

AROUND CANADA

2009 TOYOTA EARTH DAY SCHOLARSHIP PROGRAM

Source: www.earthday.ca/scholarship

Every day, in communities across Canada, young people are actively demonstrating their passion for the environment through the important work they accomplish. These dedicated young Canadians are emerging as tomorrow's environmental leaders and advocates.

Toyota Canada Inc. and Earth Day Canada established the Toyota Earth Day Scholarship Program to help cultivate and nurture this environmental leadership. The Toyota Earth Day Scholarship Program encourages and rewards graduating Canadian high school students who have distinguished themselves through environmental community service, extracurricular and volunteer activities, and academic excellence.

Environmental issues are increasingly being tackled through multidisciplinary approaches. Future environmental leaders will therefore come from a broad range of aca-

demical backgrounds. The Toyota Earth Day Scholarship is offered to students entering their first year of post-secondary studies in the discipline of their choice, to prepare themselves for the career of their choice.

The Toyota Earth Day Scholarship Program grants 15 awards of \$5000 each annually, to be applied



directly towards tuition, books, room and board (where applicable) or other educational expenses for the first year of post-secondary full-time studies in Canada.

Regional panels of community, business and environmental lead-

ers will select the winners who best meet the selection criteria. Awards will be granted in five geographic areas:

Atlantic Canada: 2 awards
Quebec: 4 awards
Ontario: 4 awards
Western Canada / Northwest Territories / Nunavut: 3 awards
British Columbia / Yukon: 2 awards

A national winner - selected from the 15 regional winners - will also be awarded the Toyota Earth Day Scholarship National Award and a Panasonic notebook computer at the National Award Ceremony.

The completed Toyota Earth Day Scholarship Program application including all forms, letters of reference and high school academic transcripts must be postmarked no later than **January 31, 2009**.

TORONTO BANS BOTTLED WATER SALES IN CIVIC FACILITIES

Source: Polaris Institute Press Release December 3, 2008 (www.polarisinstitute.org/toronto_bans_bottled_water)

Toronto – Toronto City Council has voted to ban the sale and provision of bottled water in city facilities and ensure access to public tap water in all city facilities. Toronto is now the largest municipality in the world to ban bottled water.

“Toronto’s decision to ban the bottle and turn on the tap sends a clear message that bottled water’s 15 minutes are up, the marketing scam is out of the closet, and it’s time to go back to the tap,” says Joe Cressy, Campaigns Coordinator for the Polaris Institute.



Bottled Water Bans in Canada:

- 17 municipalities from 5 provinces have banned the bottle.
- 45 municipalities are planning restrictions on bottled water.
- Canada’s Parliament is currently considering a ban on bottled water at the Parliament Buildings

AROUND THE WORLD

NEW PARTNERSHIP IN GREEN ELECTRONICS CERTIFICATION

Source: Reprinted with permission from www.GreenBiz.com. © Green Business Network. All rights reserved.

PORTLAND, Ore. -- Adding more momentum to the green IT movement, the Green Electronics Council has joined forces with EcoLogo to make it even easier to certify and promote electronics that are energy efficient, easily recyclable and free of toxic chemicals.

The Council has joined its thriving EPEAT (Electronic Product Environmental Assessment Tool) green computing certification program with EcoLogo, the widely known North American certification program managed by TerraChoice Environmental Marketing. EcoLogo currently certifies thousands of products across dozens of categories, from office supplies to bed and breakfasts; by joining with EcoLogo, the Green Electronics Council helps to further speed the adoption of green computer products.

"As growing numbers of computer purchasers worldwide select products that meet the EPEAT system's stringent environmental criteria, manufacturers are eager to register products in the system," Jeff Omelchuck, EPEAT's Executive Director, said in a statement. "This collaboration with one of the most well-respected environmental standards organizations enables EPEAT to increase our registration capacity and to forward our mission of greening the electronic product sector."

The EPEAT certification system rates computer monitors, desktop and laptop computers along 23 required and 28 additional optional environmental criteria in order to rank the products at the Bronze, Silver or Gold level. The ratings take into account four key elements: energy efficiency, ease of recyclability, reduced or

eliminated use of toxic chemicals in manufacturing, and the longevity of the products.



EPEAT launched in May 2006, and in the two and a half years following, the certification has grown in leaps and bounds. Last week EPEAT certified its 1000th product, and at the beginning of 2008, the (USA) federal government announced that EPEAT products would be mandatory purchasing requirements for three federal departments. The EPEAT label is also part of the Canadian National Master Standing Offer for IT equipment, and has been incorporated into a range of purchasing requirements for government, education, health care and businesses of all kinds. More info: www.epeat.net

CALIFORNIA LEGISLATES LANDMARK CLIMATE CHANGE ACTION PLAN

Written by Nicole Botten

The State of California has approved a comprehensive program of regulatory and market mechanisms intended to achieve real, quantifiable, cost-effective reductions of greenhouse gases. The aim is to reduce carbon emissions to 1990 levels by 2020, a 25% reduction (174 million tons of CO₂). By 2050, California's carbon emissions should be at 80% below 1990 levels.

The Global Warming Solutions Act of 2006, AB 32, was signed into law by governor Arnold Schwarzenegger in September of 2006, at which time the California Air Resources Board began measuring the greenhouse gas emissions of significant industrial sources. A central requirement of the bill was the development of a Scoping Plan.

On December 11, 2008, the California Air Resources Board approved the Scoping Plan, which was built on the principle that a balanced mix of strategies is the best way to cut emissions.

One important component of the plan

is a cap-and-trade program covering 85 percent of the state's emissions. This program will be developed in conjunction with the Western Climate Initiative, comprised of seven states and four Canadian provinces that have committed to cap their emissions and create a regional carbon market. Other recommendations touch on clean car standards; clean and renewable energy; a low-carbon fuel standard; and the reduction and recovery of greenhouse gases other than carbon dioxide.

Thanks in part to the efforts of the non-profit environmental advocacy group Californians Against Waste (CAW), recycling also plays a key role in

When AB 32 was signed in 2006, CAW spearheaded a campaign to ensure that recycling would be appropriately represented.

Some of the waste-related recommendations in the plan include increased recycling in the commercial sector; incentives for the use of compost in agriculture and landscaping; encouragement of local governments to collect residential and commercial food waste for composting and in-vessel anaerobic digestion. The plan states that the use of financial incentives will play a critical role in all recycling and waste management measures.

The potentially high costs of implementing the ambitious plan have raised some concern. Acceptance of the plan came with a call for further economic analysis. Members of the AB 32 Implementation Group have pledged to create a balance between reaching the greenhouse gas emission goals and keeping California's economy strong.



London Olympics Goes for the Green with Sustainable Sourcing Code

Source: Reprinted with permission from GreenBiz.com: The Resource Center on Business, the Environment, and the Bottom Line (www.GreenBiz.com). © Green Business Network. All rights reserved.

LONDON, UK - The organizing committee behind the 2012 Olympic Games has unveiled a guide to procuring products, services and promotional items that meet strict social and environmental standards.

The London Organizing Committee of the Olympic Games announced the sourcing guide as a first step to make sure the next Summer Games meet and exceed the green goals of this summer's games in Beijing.

There are four basic principles behind the sourcing code, which is aimed at internal Olympics 2012 buyers, suppliers for the games, and licensees: responsible sourcing, use of recycled materials, energy efficiency in the supply chain, and non-toxic materials.

The organizing committee projects that the 2012 Olympics will generate roughly 5,000 business opportunities and 25,000 supply chain opportunities. Sales of licensed products for the 2008 Beijing Olympics reached \$700 million by the end of 2007, and the 2004 Olympiad in Athens, Greece, grossed over \$1 billion in total sales.

As a result, their hope is to make a positive and lasting chain in the manufacture, packaging, shipping and recyclability of a large swath of companies. The CEO of the London 2012 committee, Paul Deighton, said in a release that "London 2012 represents a fantastic opportunity to deliver a world class sporting event, but in a sustainable way. Our ambition is to set new sustainability benchmarks for the way

large-scale events are staged, the Sustainable Sourcing Code is a key part of this."

The organizers also intend to make the Games a zero-waste event by keeping all materials out of landfills. Emphasizing recycled materials and easily recyclable materials in the Sourcing Code is a key element of that strategy.

The edition of the Sourcing Code released last week is just a first step; further updates are expected as the organizing committee refines its criteria. The full code is available to download from London2012.com.



TOXIC TOYS AND HOW TO AVOID THEM Written by Nicole Botten

A Michigan-based organization known as The Ecology Centre (www.ecocenter.org) has released their second annual consumer guide to toxic chemicals in over 1500 new, popular toys. The findings of their tests for lead, arsenic, mercury and other harmful chemicals are presented to the public in a user-friendly, searchable website, www.healthytoys.org.

Highlights of the 2008 findings include:

- 20% of toys still contain lead;
- Significant numbers of toys contain unacceptable levels of brominated flame retardants, arsenic, and mercury;
- No consistent correlation between the country of manufacture and the presence of toxic chemicals (i.e. it's not just China);
- Children's jewellery is the most contaminated product category tested;
- Many plastic toys are made with PVC, the worst plastic from an environmental perspective, and implicated with health risks.

The good news is that 62% of the toys tested contained low levels of the chemicals of concern, and 21% had no chemicals of concern. The problem remaining for consumers is: how do we tell which products are safe and which could be harmful to our children? The Healthy Toys website does list all the products they tested in a searchable database, including all the results for each toy. However, there are thousands of other toys on the market.



the latest, trendiest toys, and who are also the most sensitive to toxins. Several companies manufacture safe, all-natural toys that are both fun to play with and stimulating to young minds (ex: HABA, Plan Toys, Melissa

& Doug—all of which were included in the study). Avoiding plastic is better for the environment anyway.

Fortunately, wooden and other natural toys tend to be much more durable than their plastic counterparts. Therefore it is often possible to stock up on them without breaking your budget, by buying them second hand. Another good source for safe wooden toys is your local craft fair or farmers' market—as with anything, buying local is always a good way to go.

Admittedly, it is extremely difficult to completely eliminate exposure to toys that may contain toxic chemicals, especially when your child receives toys as gifts from other people or when (s)he just has to have a certain toy seen on tv or at a friend's house. In such cases, at least be sure to wash new toys before using, as this can help to reduce the amount of flame retardants and some other chemicals on the product. Providing a selection of interesting toys known to be safe is always beneficial, even if you cannot be sure of every toy your child comes into contact with.

RECYCLING & ENVIRONMENTAL ACTION PLANNING SOCIETY

Mailing address:
PO Box 444, Prince George, BC V2L 4S6

Compost Garden and Office Location:
1950 Gorse Street

Phone: 250-561-7327
Fax: 250-561-7324

Recycling and Environmental Action Planning Society (AKA REAPS)

The REAPS Report is published six times a year, on the first of January, March, May, July, September, and November.

Articles, originals or reprinted with permission, are submitted by members and represent the opinions of the authors only, not necessarily those of the Society, Board, or members as a whole.

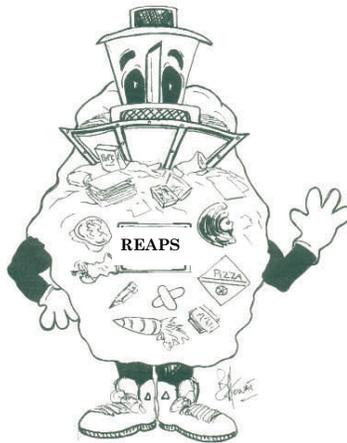
Deadline for submission is two weeks prior to publication date. Articles, suggestions for articles, or comments in general are much appreciated, and can be submitted to the REAPS office via email at garden@reaps.org

Dumpy's Tip of the Month

Reprinted from thedailygreen.com

Once you have brought a lidded pan of rice, potatoes or pasta to a boil, **TURN OFF THE HEAT** and leave well alone!

In half an hour you will have perfectly cooked food, made simply with residual heat. You'll save around 15% of your cooking costs this way.



RECYCLE CRAFT CORNER

Wine Cork Bulletin Board or Trivet

If you find you have a lot of wine corks leftover from holiday merriment, turn them into something useful and eye-catching.

All you need is a frame with a backing on it. This is a very good use for old picture frames that have lost their glass. Or, if you are handy, you can make your own frame out of scrap wood. Get creative with the dimensions! Cardboard will suffice for the back, but if you wish to make a trivet, glue small pieces of felt onto the corners so that it will slide nicely on the table.



First take time to arrange your corks in an attractive pattern; cross-hatch looks great. Once you have your pattern set, simply secure the corks with a quality non-toxic glue.

RECYCLING and ENVIRONMENTAL ACTION PLANNING SOCIETY
MEMBERSHIP APPLICATION

Name: _____

Mailing Address: _____

City: _____ Postal Code _____

Telephone: _____

Annual Membership Fee:

- Individual (\$8.00)
- Family (\$15.00)
- Business (\$25.00)
- Student (\$5.00)
- Senior (\$5.00)

I'm interested in volunteering: Yes No

Things that I would like to take part in are:

- School presentations
- Master Composter Program
- Spring Plant Sale
- General Garden Work
- Information Booths
- Fundraiser Events
- Public Workshops and Presentations
- Board of Directors

Date: _____

Cheque payable to:
R.E.A.P.S.
Box 444 Prince George, B.C. V2L 4S6