



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #80:

December 2016

Recycle those to-go cups

The holiday season is upon us—which means that peppermint mochas and gingerbread lattes are in full swing. Obviously, the most environmentally-friendly way to enjoy your morning coffee is in a reusable thermos, but we live in an imperfect world, and sometimes disposable cups are going to happen.



Luckily, MMBC accepts almost every part of a disposable cup for recycling.

Rinse out those hot cups (including Starbucks, Tim Hortons, Second Cup, DAVIDsTEA, and all other paper hot beverage cups), recycling the cups and lids with your 'container' recycling. If your cup has a removable cardboard sleeve, that can be recycled along with all other paper and cardboard recycling in the office.

Cold beverages can also be recycled! If you're brave enough to drink an Iced Cap or frappuccino in December, make sure you rinse your cups and lids, and put both in your container recycling bin. The only thing that cannot be recycled is a straw; those hand to go in the garbage.

Keep an eye out for exceptions; if your cup says biodegradable (for example, DAVIDsTEA clear plastic cups), those should go in the compost (or garbage).



If your office does not participate in MMBC container recycling pick up, designate a bin in your office for container recycling, and take those cups in to one of the two recycling depots in town. They can be dropped off at the counter free of charge, and will be processed along with other residential recycling.

Remember—everything tastes better when you feel good about your choices. Enjoy those holiday-themed drinks, and happy holiday season!

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!