



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #68:

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Stay Green in the Breakroom

Even when it's break time in the office, it is easy to go green. The break room is one of the places in the office where the most waste is disposed, as most of the things used are generally designed to be disposable nature.



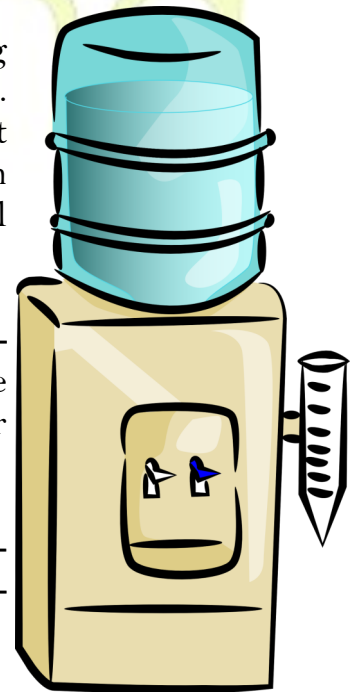
There are many ways to prevent this waste from occurring, however. Using reusable dishes and cutlery, rather than the plastic or paper disposable variety, is one of the easiest ways to reduce waste. With just a little bit of soap and water, your office can cut back on trash and costs. To take it one step further, bring dishes (particularly mugs) from home to save money on purchases, and use dishes and cutlery that are not as well utilized at home.

Waste is inevitably necessary. When disposing of waste, sort it into recycling and compost.

Composting in the office is a great way to keep waste management contract costs down, while keeping food out of the landfill. Composting is easy with small green bins lined with biodegradable paper bags. Sorting recycling will help ensure that disposable materials are repurposed.

The water cooler is another large unnecessary consumer of resources. It uses a great amount of electricity to cool the water, and takes up space in the breakroom. Tap water is adequate nearly everywhere in North America. For filtered water, consider purchasing a filter that mounts on to the faucet.

The break room is a great place to start in your office when looking to eliminate waste. Be sure to look for opportunities to compost and recycle, in addition to reducing energy consumption.



Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!