



**R**ecycling and  
**E**nvironmental  
**A**ction  
**P**lanning  
**S**ociety

# Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

## GREEN TIP #57:

January 2015

### *But What About the Tea?*

When you think about green beverages you might think about Fair Trade coffee. While it is important to think about where the coffee for your office is coming from remember to think about other drinks, like tea.



While tea might not be as common as coffee in your office it is the second most common drink in the world, second only to water. Therefore, with the large amount of tea consumed every day it is important to think about where your tea comes from.

Generally, tea is grown on plantations which, while they may produce large amounts of tea efficiently, have many problems including environmental degradation.

By buying fair trade tea you are supporting both small scale farmers and plantations who treat their workers and the environment fairly.

Other important images to look for on your tea our Rainforest Alliance which means that this tea has been grown in way that will protect local biodiversity, along with certified organic tea all of which will help to ensure that your cup of tea has a low of impact on the environment as possible.



You can help make your tea have less impact by buying tea that is not packaged individually resulting in less waste. Opting for loose tea will help further by eliminating all materials that would be required to make tea bags.



*Do you have any questions or suggestions? Call or email us at [green\\_solutions@reaps.org](mailto:green_solutions@reaps.org)!*

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