



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #54:

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Coffee Time!

Coffee break, a time to refill your stomach and relax your mind. If you find that you are stepping out at lunch or coffee make sure you are not taking a break of caring for the environment! Instead of ordering something to go have your lunch or break at your destination. While you may be able to recycle some of the packaging that your favorite goodies come in, by eating in you will save the resources needed to make that packaging in the first place, eliminating the need to recycle it. If you are in a rush bring your own containers to hold your favorite hot beverage or snack.



To make your snack even better on the environment, try to walk to your destination instead of driving. This will give you a chance to stretch your legs after sitting all day and save you gas. If your office is a long distance from anywhere bring a snack, and enjoy it at a local park or scenic area.



If you do find yourself driving for a coffee do a run for the office. Bring back coffee for others who were thinking of going to the same location or carpool and relax on location. Have a group and rotate whose turn it is to drive to help lower your gas consumption too!

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!

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