



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #34:

February 2013

Time Change

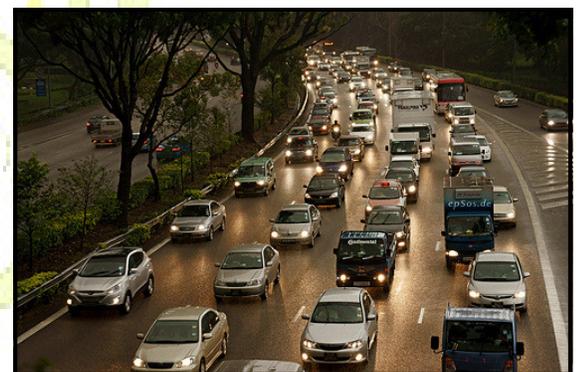
Most people are used to working a 9-5 job, but do we all really need to start and end work at those times. If it possible try to change your starting and ending times by an hour or even a half an hour. This simple change can make a big difference.

It makes sense that there will be more cars on the road if we all have to be at work at the same time. By changing what time you work you are able to avoid everyone else. This means that you will spend less time trying to merge into traffic, turning, and waiting at traffic lights. When you spend less time on the road you also use less gas. Did you know that idling in traffic uses over 30 million litres of gasoline per day which is equivalent to a 25 acre lake of gas. Therefore changing when you have to drive saves you time and money and helps lower pollution.

If you are someone whose jobs requires that you drive to and from work at peak times, you can encourage anyone you know who can change their work hours, to do so. If they stop driving at peak times then there will be less cars on the road for you when you have to drive.

Having your employees change their work times can be very beneficial to your office. They will be less stressed because they did not have to deal with traffic. They may also be more productive because they are able to work when is best for them. For example someone who is a morning person can come into work early, and leave in the afternoon when their productivity starts to decrease. The reverse is true for someone who is more productive in the afternoon.

As an employer you can support this change in office hours by bringing it up in a staff meeting. You can explain the benefits to them, saves money and time, and to the environment, reduces the amount of pollution. In order to cheep track of who is working when create a chart. You can have one in your office for your own use, and you can place one in the common area. This way every-one will know who is working when. This will also provide an easy way to see that there is always someone in the office when you need them.



Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!