



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

Tips by Email

Attention: **Office Staff**
Date: **July 2011**

From: **REAPS**
Phone: **250-561-7327**

GREEN TIP #15 :

Stop Energy Wastage

1 Purchase a power bar and turn everything off

"It's a bad rumour that you shouldn't turn your computer off at night," says Expert. "Yes, it peaks on startup, but the base operating load of the computer for 24 hours far exceeds the startup." Not to mention everything that connects to your computer continues to drain energy even when not in use: speakers, printers, scanners, PDAs, etc. Turning everything off with the single flick of a power bar makes it easy to save energy (and money!).



2 Think laptop, not desktop

Besides being sleeker, portable and far cooler, laptops consume one-eighth the power of a traditional desktop. If everyone in the house had laptops they could be downloading music and updating their blogs all at the same time and still not be using as much power as one clunky desktop!



3 Embrace the flatscreen

Flatscreen monitors, or LCD (Liquid Crystal Display) screens, use less than half the energy of traditional CRT (Cathode Ray Tube) monitors. LCD screens are lighter, more adjustable, and cause less eye strain as they don't flicker plus their sharp display makes it easier to read text.



Any Questions or Suggestions? Call or Email us! 250 561 7327 or green_solutions@reaps.org

Recycling & Environmental Action Planning Society (R.E.A.P.S.)
PO Box 444, Prince George, BC V2L 4S6 (250)561-7327 (ph) (250)561-7324 (f)
Website: <http://www.reaps.org>