

*Hello and Happy St. Patrick's Day* from the worm lady and her worm friends. Make sure to wear some green so not to be pinched on the 17th! Remember, the worms LOVE green too! Bring them some greens like lettuce to munch on. Remember to keep the worms where it's not too bright and it's cool, but not cold. Try to keep the bin moist like a wrung out sponge. If you have any questions or concerns, please contact the Worm Lady.



## *St Patrick's Day: What does it all mean??*

Did you ever wonder why it is that we all wear green, and talk about shamrocks, leprechauns and kissing the blarney stone? Here are some answers to the quirky traditions. But first, it's important to understand a bit about St. Patrick.

St. Patrick was actually born named Maewyn Succat. Maewyn was kidnapped by a band of pirates from his home in Great Britain at a young age. He studied in the monastery in Northern Gaul. It is here that he took on the name of Patrick. Patrick was about 60 when he landed in Ireland. He believed it was his mission to convert pagans to Christianity. He is said to have driven all the snakes from Ireland. He travelled throughout Ireland, establishing schools and monasteries. He died on March 17 in AD 461, that day has been commemorated as St. Patrick's Day ever since.



The reason for the talk of the Shamrock is because St. Patrick used it to symbolize the Trinity, and today many people wear a shamrock in memory.

The Blarney Stone is located in the Blarney Castle in County Cork, Ireland. The stone is embedded into the southern tower wall between the main castle wall and the parapet. In order to kiss the stone one has to lie on their back and bend backwards and downwards, holding iron bars for support. It is said that the Blarney stone has magical properties. In legend, an old woman cast a spell on it to reward a king who saved her from drowning. Kissing the stone gave the king the ability to speak sweetly and convincingly.



Leprechauns are special because they are mythical creatures that are about 2 feet tall. They are shoemakers who have a secret pot of gold. To find one, simply listen for their little hammers at work and you can catch him. Once you do, he will divulge his treasure's secret location. Keep your eyes on him though, he may vanish before you can get the answer.

The reason we wear green is simple, so not to get pinched. It is also the color of spring, the shamrock and is connected with hope and nature.



### *Write A Worm Limerick!*

A limerick is simply a funny 5 line poem. They are said to have been invented by soldiers returning from France to the Irish town of Limerick in the 1700's! Try inventing your own squirmy limerick about worms.



### **A Worm Limerick**

A worm minus it's head or rear  
 Would be a certain goner, I fear.  
 Unless just for fun  
 Regeneration  
 Replaced segments lost year after year.

Send any questions, art or inquiries to:  
**The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6**  
**Ph: 250-561-7327 or email: [thewormlady@reaps.org](mailto:thewormlady@reaps.org)**