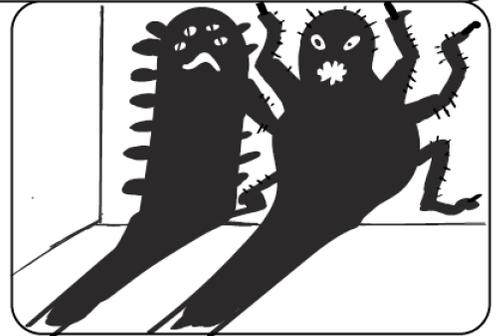


Happy October! Mr. Wiggles visited your worm bin and noticed that you are doing a wonderful job taking care of his friends! He wants you to continue keeping the bedding moist like a wrung out sponge, fluffing the bedding once a week, not feeding them any meat or dairy, and adding more bedding when needed! Keep up the good work!



It was a **DARK** and **SLIMY** night...in the worm bin!



HAPPY HALLOWEEN!

Who are these other critters that lurk among us?



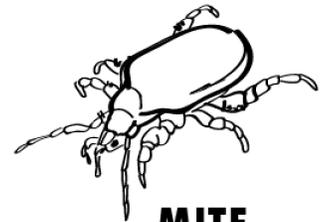
SPRINGTAIL

Springtails are tiny (1-3 mm). They look like white dots in your composter. They will bounce away from your finger if you try and touch them! They eat mold and rotting matter



CENTIPEDE

Centipedes are long and flat with 1 pair of legs on each segment of their body. They are predators with poisonous fangs that love to eat worms! Please remove them from your vermicomposting bin!



MITE

Mites have 8 legs and tiny round bodies. Most are harmless, but if there are too many, the worms will stress out. Leave a melon rind, cucumber, or piece of pumpkin on top of your bedding and the mites will swarm the food. Rinse off the mites and use those pieces of food again until the mites are under control!



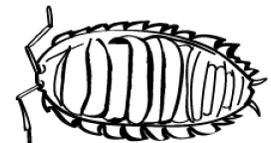
WHITE WORMS

Enchytraeids aka pot worms are white segmented worms that are 10-22 mm long. They eat the same waste as worms do, but slower. They do not harm the worms.



FRUIT FLY

You have definitely seen fruit flies hanging around your fruit bowl at home! They will not harm your worms but they can sure be bothersome to us when there are too many! Make sure you bury your food well so you don't attract these flies! You can also make your own fly trap! Put apple cider vinegar and a drop of dish detergent into a small bowl and keep it in the bin. Change the liquid regularly.



SOW BUG

Sow bugs are crustaceans that do not seem to cause any problems in the worm bin. They help break down bulkier material for smaller critters to use! They like drier conditions, so if you see these, your bin may need a bit more water.

Send any questions, art or inquiries to:
The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6
 Ph: 250-561-7327 or email: thewormlady@reaps.org