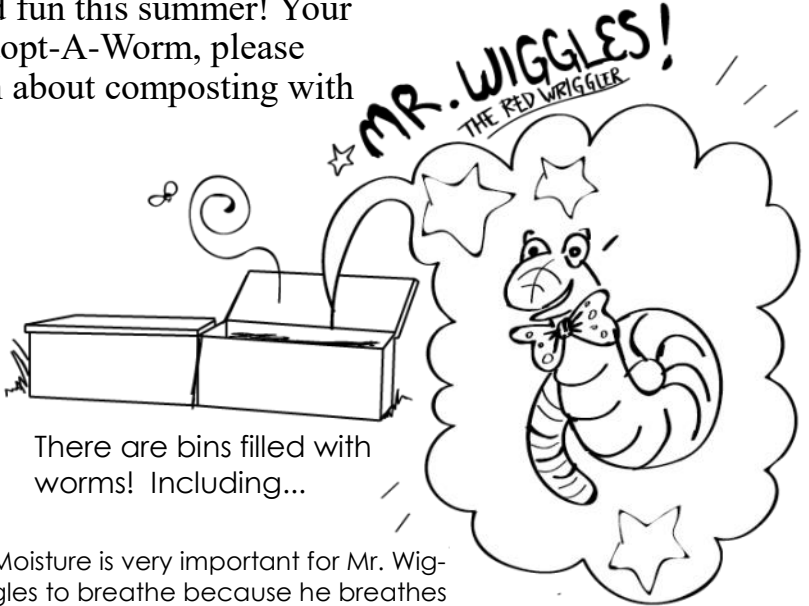
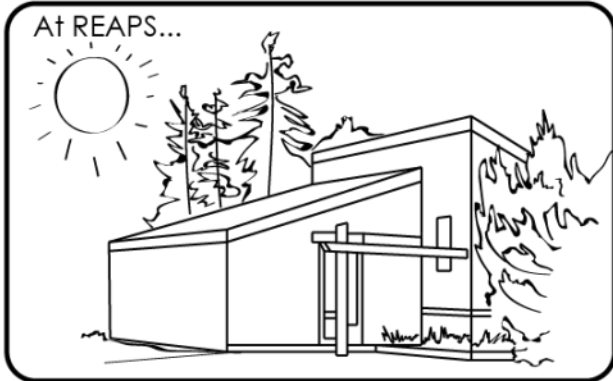


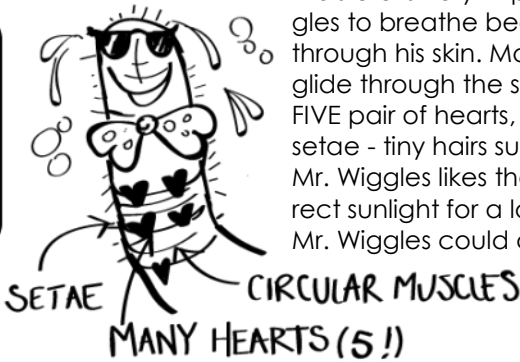
Welcome back to school! We hope you had fun this summer! Your Red Wigglers had a great break too! To Adopt-A-Worm, please contact the worm lady at REAPS and learn about composting with worms in your own classroom!



There are bins filled with worms! Including...



Home sweet Home!  
Moist, dark, and cool.



Moisture is very important for Mr. Wigglers to breathe because he breathes through his skin. Moisture also helps him glide through the soil with help from his FIVE pair of hearts, circular muscles and setae - tiny hairs surrounding his body. Mr. Wigglers likes the dark. If under direct sunlight for a long period of time, Mr. Wigglers could dry up very quickly.

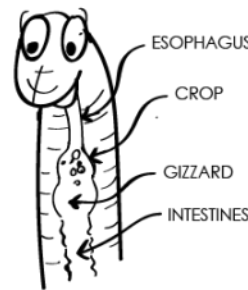


Like snakes and other reptiles, red wigglers are cold-blooded which means their body temperature depends on their surroundings. If it gets too cold or too hot, the worms will move very slowly and eat less.



LOOK! FOOD! Many worms will have different tastes. Mr. Wiggle's favorite food is BIRTHDAY CAKE (without icing). But other worms will prefer melons, Carrots and other fruits and veggies!

Worms have a hard time digesting meats and dairy, so please don't put those in the worm bin.



Mr. Wigglers does not have teeth. So how does he digest his food? - with his gizzard! Food gets moist and is stored in the crop. The gizzard is a muscular chamber that breaks the food into smaller pieces (with the help of sand you put in the worm bin).

What goes in, must come out! Worm poop is called castings. The digested food of the worm is full of nutrients that can help plants grow healthy and strong!



**Tune in next month for more fun with Mr. Wigglers!**

Send any questions, art or inquiries to:  
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Ph: 250-561-7327 or email: [thewormlady@reaps.org](mailto:thewormlady@reaps.org)