



Hello! Hard to believe that it already May. If you have not harvested your worm bins yet now is the time to do so. Please contact the worm lady and set up a time for her to come in. If you are going to be coming to Fort George Park in June you can also set up a time to drop off your worms and or visit their summer home. See you soon!

The Wonderful World of Castings

Once your worm bin has been harvested you will have a pile of wonderful castings to use. How do you use castings? I am glad you asked. Castings can be used in a number of ways however it is important to remember that castings are very rich. Do not plant anything in straight castings (it would kill the plant) instead think of it like a vitamin for plants. With that in mind lets see how we can use this wonderful waste.



Indoors:

You can mix castings into your soil if repotting or starting a new plant. Simply mix 1 part castings to 3 parts soil. You can also top dress your existing plants with castings. This can be repeated ever 2 months as the plants will use up the nutrients.

Outdoors:

Like indoors you can use castings when making potted baskets with the same ratio or castings to soil or top dress existing plants. Top dress in the Spring, early Summer and early Fall if possible.

You can also place castings at the bottom of a hole when transplanting or planting seeds (castings will not burn the roots or seed). For established vegetable rows you can side dress.

In the compost pile castings can be added to assist in the decomposition of your food. Simply add castings in when feeding your composter.



Castings are great on lawns too! You can top dress existing lawns at a rate of 10 lbs of casting per 100 sq feet of lawn.



Finally you can make a tea out of your castings. Place a few tablespoons of castings into a container and fill it with 4 liters water and allow the mixture to sit overnight. The next day strain out the castings and dilute the mixture. This can now be used to water your plants (both indoors and outdoors)

Send any questions, art or inquiries to:
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