

Practising the 3R's

The average person throws away 2 kg of garbage per day or 730 kg a year! Each of us can play a small role in reducing the waste stream. On average only 1/4 of our garbage can (from a 4 person household) should be filled per week. By practising the 3R's (reduce, reuse and recycle) and composting, this is an achievable solution to over loading our landfills.

REDUCE

Is the first and most important "R". Reducing your initial consumption is the best way to curb the waste stream. Buying items with less packaging, and renting things that will only be used occasionally are prime examples of reducing your impact. Reducing consumption also saves you money!

REUSE

Is the second "R". Finding new and creative ways to use old things is a great way reduce waste and save money. An average beer bottle is sterilized and reused about 15 times. As simple as reusing a water bottle or coffee mug helps.

RECYCLE

Is the third "R". When consumption can't be reduced and things can not be reused, remaking things would be the next option. Creating new products out of old ones or recycling is beneficial not only for the environment but also for the economy. The fibrefill of a new ski jacket can be made from only ten recycled plastic pop bottles.

Recycling Ideas

- Buy cardboard egg cartons instead of non-recyclable Styrofoam ones. Styrofoam takes over 1000 years to break down in a landfill.
- Visit the SWAP SHED at the Foothills landfill to drop off unwanted used items or to pick up new treasures.
- Take home your groceries in reusable cloth bags. Per year the average Canadian brings home 55 million shopping bags.
- Compost your kitchen waste in a backyard composter. Which will make your own fertilizer for your lawns, vegetable and flower beds.
- Donate old magazines to waiting rooms.
- Buy recycled products and close the loop.
- Have your morning coffee in a reusable travel mug.
- Reuse empty yogurt containers as seed starter containers or use as lunch containers.

Recycling Hotlines

Recycling & Environmental Action Planning Society (REAPS) 250-561-7327
Website: www.reaps.org

Regional District of Fraser-Fort George Solid Waste and Recycling Hotline
Prince George: 250-960-4486
Toll free: 1-800-667-1959
Website: www.rdffg.bc.ca

Foothills Boulevard Regional Landfill: 962-8972
BC Recycling hotline, toll free: 1-800-667-4321



Recycling and
Environmental
Action
Planning
Society

Presents:

*Recycling
Reduces!*

What is Recycling?

Recycling is the process of making new products out of previously used things. Unusable recyclable materials can be broken down and remade into a new product.

Why Recycle?

Approximately half of the average household waste going into landfills is recyclable materials. Redirecting recyclable materials away from landfills saves tax dollars and ecological areas from becoming new landfill sites.

A quarter of the volume in a landfill is composed of compostable organic waste. When decomposed in an anaerobic environment, like a covered landfill methane gas is released. Adding to the depletion of the earth's ozone layer.

Only one quarter of the average household waste should be going to the landfill. The rest can be diverted to be recycled or composted in a composter.

Prince George Recycling Depots

Depot Locations

1. Foothills Landfill Site (Foothills & Austin Rd.)
2. Hart Shopping Plaza (Austin Rd.)
3. Nechako Bottle Depot (1922 - 1st Ave.)
4. Quinn St. Transfer Station (Quinn & 18th)
5. Community Complex (777 Kinsmen Place)
6. Our Saviour's Lutheran Church (Dufferin & Ospika)
7. Bon Voyage Plaza (Hwy 16 West)
8. Cummings Rd. Transfer Station (E. Cummings Rd.)
9. Connaught Youth Centre (Victoria & 17th)
10. Material Recovery Facility (BCR Site - (8545 Willow Road)
11. BBK Bottle Depot (2629 Vance Road)
(Takes electronics also)

Materials Accepted at Depots



Newspapers and inserts



Metal food and beverage cans (labels removed)

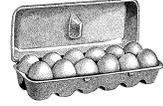


Brown Kraft bags



Corrugated cardboard (please flatten)

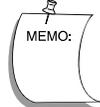
Boxboard i.e. cereal boxes



Cardboard egg cartons



Catalogues, glossy flyers and magazines



Office paper, computer paper & writing paper



Telephone books & paperback books



Envelopes (with windows okay)

Other Recyclable materials

MILK JUGS / CARTONS

1. Nechako Bottle Depot (1922 - 1st Ave.)
2. Material Recovery Facility (8545 Willow Road)
3. BBK Bottle Depot (2629 Vance Rd.)



Milk jugs may also be placed in the "metal" section of the recycling bins at the depots.

BEVERAGE CONTAINERS

1. Nechako Bottle Depot (1922 - 1st Ave.)
also takes glass
2. BBK Bottle Depot (2629 Vance Rd.)
also takes glass
3. Hart Return It Centre (6665 Hart Hwy)
also takes glass



PAINT AND HAZARDOUS WASTE

1. Nechako Bottle Depot (1922 - 1st Ave.)

