

Recycle

Obtain an updated 'What and Where' recycling list from the Regional District Office or R.E.A.P.S and make an effort to recycle the items listed.



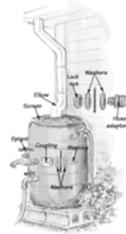
Get together with family/friends and/or workplace and organize a simple recycling program. **Note:** We at R.E.A.P.S can help you get started.

Recycle food and yard wastes by composting. Yard waste makes up 24% of the garbage going to the landfill.



Buy things that have been made from recycled products. Recycle newspapers and other paper scraps by shredding it and making your own paper.

Making recycled paper instead of new paper uses 64% less energy and uses 58% less water. By recycling one ton of paper you could save 17 trees.



Recycle the rain water by using it to water your garden, instead of using fresh drinking water from the tap. More than 1/3 of the world's population doesn't have access to clean drinking water.

Recycle aluminum cans and plastic drinking containers. Cans are recycled and returned to store shelves in less than 60 days!



Visit Us at the Garpen ~ of the

1950 Gorse St.
Behind The Exploration
Place In Fort George
Park

Have any questions, comments or concerns?

Call R.E.A.P.S at (250) 561-7327 or

Email: events@reaps.org

Website: www.reaps.org



Recycling
Environmental
Action
Planning
Society

In Celebration of

Go for Green Week

Presents...

Reduce, Reuse,
Recycle!!!

(tips on how to help our planet)



Reduce

Walk, ride a bike or car pool to your destinations around the city, instead of driving a car.



Install water saving devices on taps, showers, toilets and hoses around your home.



Use refillable/reusable products rather than disposable ones. (i.e. razors, bottles of soap).



Use baking soda and vinegar as cleaning aids rather than commercial cleaners that are toxic to the environment.



Reduce water waste by only running a full load in the washer and the dishwasher.



Reduce waste that goes to our landfill by recycling, cans, glass, plastic and paper and much more. (local waste directory @ www.rdffg.bc.ca)



Make sure taps don't drip. 15 drips a minute can add up to 2 gallons of water wasted in a day.



Don't run the hose while washing your car, rather, use a bucket of water and a quick hose rinse.



Reuse

Save plastic shopping bags for reuse.



Wash out and save plastic containers for food storage or other uses.

Reuse newspaper and flyers as wrapping paper.



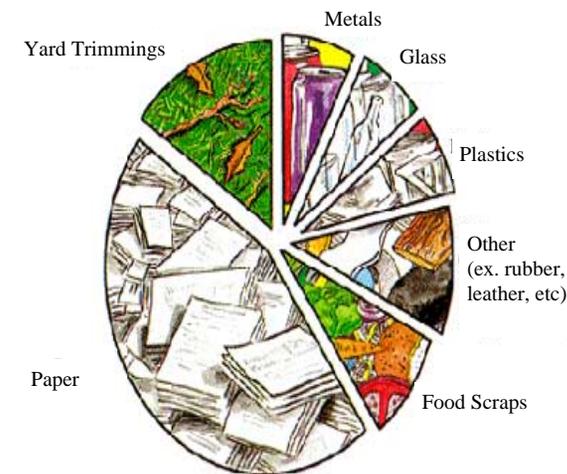
Save cereal, cracker and other cardboard boxes to wrap gifts in.

Use egg cartons for children's crafts. (Public Library: Look What you can make with egg cartons)

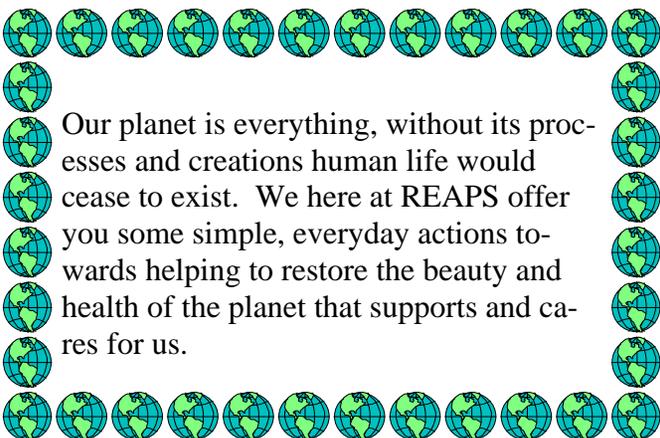


Make bird houses or feeders out of plastic milk jugs. This will also encourage birds into your yard that will eat bad bugs.

Reuse an old garbage can or barrel to make a composter.



Source: U.S. EPA



Our planet is everything, without its processes and creations human life would cease to exist. We here at REAPS offer you some simple, everyday actions towards helping to restore the beauty and health of the planet that supports and cares for us.

During Go for Green Week:

R.E.A.P.S will be hosting recycled crafts at the garden Sunday to Saturday from 11:00 am-12:00 pm.

Ask for instructions on how to build your own Pallet Composter,

FREE workshop on Backyard composting at 2:00 pm and Vermicomposting(composting with worms) at 3:15 pm. Sunday and Thursday

FREE children activities include: Egg Carton Flowers, Coffee Ground Fossils, Wind chimes, Fantastic Fridge magnets and more. (parent supervision required).

Adults can enjoy walking through the garden, browse through our library or pick up tips on recycling, composting, vermicomposting and/or organic gardening, find out what plants grow well in PG, recycling opportunities and much more.