



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #97: May 2018

Green Lunch

Lunchtime in the work place tends to create heaps of waste. Here are some tips to keep this excessive waste to a minimum:

Item in Lunch	Worst Option	Best Option
Beverages	Throwing away container	Using a reusable mug/cup
Straws	Plastic non-recyclable straw	Metal reusable straw
Napkins	Paper Napkin	Cloth napkin
Cutlery	Disposable cutlery	Reusable cutlery

Food packaging is another component in lunches which contributes volumes of waste. Any bags with zipper tops are NOT recyclable; they are made with a special type of plastic. Try using containers with lids, cloth sandwich bags, or food wrap made from beeswax instead of zipper bags. Food wrap or saran wrap or cling wrap is not recyclable as well. A good alternative to plastic food wrap is reusable beeswax food wrap.



Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!