



Recycling and  
Environmental  
Action  
Planning  
Society

# Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

## GREEN TIP #92:

December 2017

### *Why use reusable coffee cups?*

On average, the popular Tim Horton's sells 8 out of 10 coffee's purchased by Canadians. The total amount of coffee cups distributed by Tim Horton's is 2 billion per year or 5.5 million per day.



Disposable coffee cups are made out of cardboard and plastic. The inside of the cardboard cup is coated with a special plastic to prevent liquids from seeping out of the cup. Although many of these cups are recycled every day, there is no guarantee that the cups are actually being recycled. Customers just toss in the garbage can and not the container recycle bin which then end up in landfills.



It is important for us to look after our own waste. This holiday season give the gift of a reusable mug and don't forget to use yours! This will greatly reduce the amount of coffee cups that end up in the landfill or side of the road one cup at a time.



*Do you have any questions or suggestions? Call or email us at [green\\_solutions@reaps.org](mailto:green_solutions@reaps.org)!*