



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #106: February 2019

Recycled Paper

By having your office switch to 100% post-consumer waste recycled paper you can do your part in helping to conserve natural resources, save energy, and reduce greenhouse gas emissions. There are many different reasons why we want to use recycled paper;

- Paper can be recycled up to 7 times before the fibers become too brittle and then must be discarded.
- Helps boost local economy through the collection and sorting of waste paper
- Diverts solid waste from the landfill

One ton of recycled paper saves;

- 4 tons of wood (26 trees)
- 11 million BTU's of Net energy
- 2068lbs of CO₂
- 2lbs hazardous air pollutants
- 11218 gallons of water
- 751lbs of solid waste



While recycled paper can cost more than non-recycled paper, costs can be cut down by buying paper in large quantities. When buying recycled paper, the higher percentage of recycled content the better.

Another way to help reduce your offices use of paper is to put a box next to every printer and photocopier for scrap paper that can be re-used to write notes on.

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!