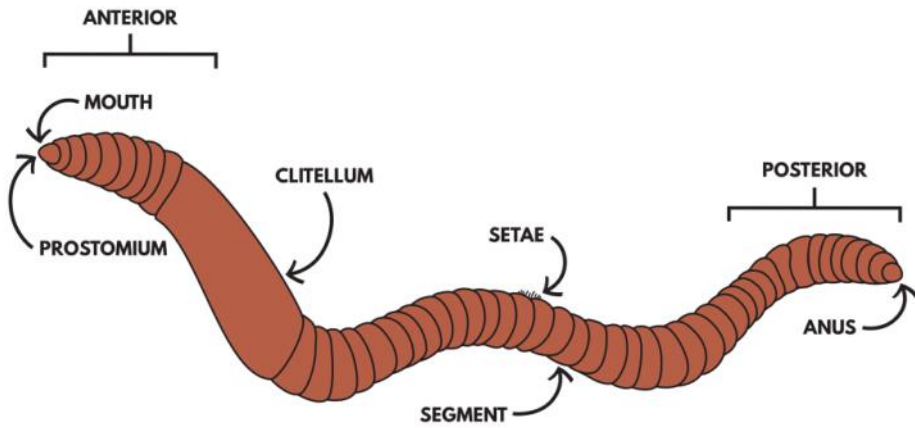


Hello and Happy Halloween! We hope that you and your worms are getting to be good friends by now. Remember to keep their home moist and to fluff their bedding once a week so that they get some fresh air!

**To get to know your worm friends better, let's learn the names of their body parts!** Locate these body parts on a worm from your bin.



**Interior Body Parts**

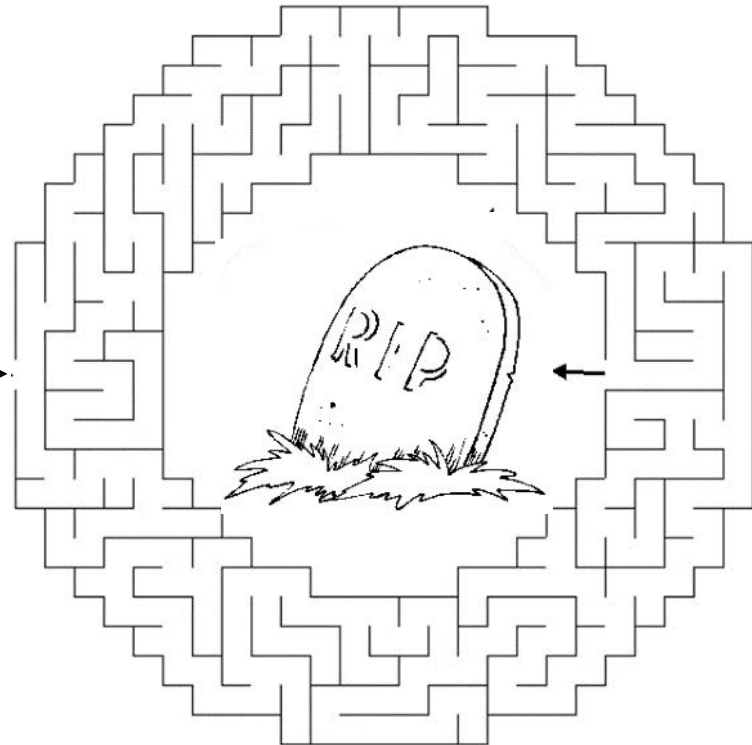
- Hearts: worms have 10 hearts!
- Brain: worm's brains are made of nerves that sense light, temperature, moisture, and vibrations
- Crop: a storage section for the food before it gets to the gizzard
- Gizzard: where worms digest their food; it gets ground up into little particles by the sand worms also eat

**Exterior Body Parts**

- Anterior: the front part of their body
- Mouth: where the worm takes in food
- Prostomium: a small flap of tissue that covers the mouth. It helps the worm guide the food to its mouth
- Clitellum: also called the collar, this section is used for reproduction
- Setae: small hairs or bristles on each segment that give the worm grip to help it move
- Segment: a section made of multiple circular muscles that contract and expand to help the worm move
- Anus: where waste is discharged, located at the tail of the worm
- Posterior: the back part of their body



**Halloween Maze**  
Help get these ghosts home!  
(colour them in too, if you like!)



Send any questions, art or inquiries to:  
**The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6**  
 Ph: 250-561-7327 or email: [thewormlady@reaps.org](mailto:thewormlady@reaps.org)

# REAPS READER



Have you helped the environment today?

## Important Dates to Remember!

- Oct 2:** World Farm Animals Day
- Oct 4:** World Animal Day
- Oct 5-9:** International Walk to School Week
- Oct 5:** World Habitat Day
- Oct 7:** Energy Efficiency Day
- Oct 13:** International Day for Natural Disaster Reduction
- Oct 21:** National Reptile Awareness Day
- Oct 24:** International Day of Climate Action
- Oct 28:** Sustainability Day
- Oct 31:** Halloween

## October is Waste Reduction Month!

Your worm bin is already a great start to reducing your waste. But there are so many other things you can do to help make a difference for our planet! Since October is waste reduction month, let's think about the different ways we can reduce our waste:

- ◆ Food scraps—put in a compost or worm bin—not in the garbage!
- ◆ Replace single-use cutlery, paper plates, and straws with reusable dishware
- ◆ Don't litter! Make sure all of your waste is going in the right places—compost, recycling, or garbage?
- ◆ Bring reusable shopping bags—avoid using those plastic ones!
- ◆ Plastic sandwich bags—can you replace them with a reusable container? Plus, they won't get squished in a container!



Don't forget to recycle your Halloween decorations!

## Wormy Word Search

L	C	S	G	M	Y	C	A	S	T	I	N	G	S	E
O	B	L	H	H	L	X	G	T	U	A	X	Y	N	C
V	Z	P	E	R	F	W	S	I	D	E	L	P	S	A
E	M	S	R	A	E	V	Z	V	Z	D	A	D	F	K
G	E	W	O	O	F	D	Q	S	B	Z	N	T	I	E
E	G	C	C	O	S	Y	D	B	E	U	A	M	J	B
T	G	B	L	A	V	T	G	E	O	G	R	R	M	A
A	S	R	J	I	N	A	O	R	D	B	M	Y	D	F
B	H	E	D	O	T	T	G	M	E	P	U	E	P	A
L	E	A	P	K	V	E	E	A	I	E	A	P	N	F
E	L	D	D	E	E	C	L	R	A	U	N	P	Q	T
S	L	V	A	F	G	K	D	L	I	Q	M	S	E	G
U	S	T	F	R	I	I	C	B	U	O	A	X	W	R
W	E	O	J	S	Q	X	C	Y	P	M	R	E	M	Y
S	C	A	O	B	F	Y	W	I	G	G	L	E	R	Z

- ANTERIOR
- BREAD
- CAKE
- CASSTINGS
- CLITELLUM
- COFFEE GROUNDS
- EGG SHELLS
- GIZZARD
- LEAFY GREENS
- PROSTOMIUM
- SEGMENT
- SETAE
- SHREDDED PAPER
- VEGETABLES
- WIGGLER