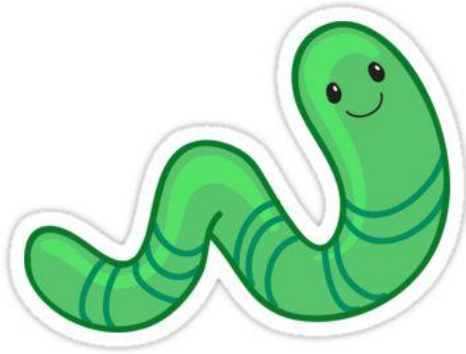


Hello, welcome back to another exciting school year. We know our Red Wiggler friends can't wait to get back into the classroom to meet new friends this year. For everyone taking part in the REAPS Adopt-A-Worm program we are so excited for all the fun we are going to have feeding, watching and learning about vermicomposting and worms. There will be some hands-on learning with the worms, along with presentations and monthly check-ins from The Worm Lady at REAPS.






Vermicomposting or composting with worms in your home or at school is a fantastic way to help divert waste from the landfill, by feeding your left-over lunch waste to the worms instead of throwing it away you are not only helping the worms, but you are also helping the environment. During your time with the red wigglers you will get to see firsthand all the work they put in to turn your food waste into a rich miracle soil otherwise known as "castings".

What do worms eat?

5 cool facts about WORMS

1. The longest earth worm ever found was in South Africa. It was 22 feet long (6.7 metres).
2. Earth worms have no lungs—they breath through their skin. That's why they come to the surface after a heavy rain fall.
3. In one acre of land there can be up to 1,000,000 worms!!
4. Worms don't have eyes but can sense light at their front end and will try to move away from it.
5. There are about 2,700 types of earth worms in the world. They come in lots of different colours, including purple, reddish-brown and bright blue!

Yummy!	Yucky!
 <p>Anything green - especially the leafy stuff!</p>	 <p>Citrus - no orange, lemon or lime</p>
 <p>Fruits</p>	 <p>Fats, Oils, Salad dressing</p>
 <p>Vegetables</p>	 <p>Breads & Cereals - can attract gnats</p>
 <p>Coffee grounds & filters</p>	 <p>Salts - no seasoned food</p>
 <p>Tea bags</p>	 <p>Meat - creates odors</p>
 <p>Brown Paper, Black & White newspaper</p>	 <p>Sugars - no processed food</p>

Send any questions, art or inquiries to:
The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6
 Ph: 250-561-7327 or email: thewormlady@reaps.org

REAPS READER

Have you helped the environment today?

Have a look at some of the other school programs offered by REAPS. With over 30 fun presentations to choose from!

- ◆ Ads Add up
- ◆ Are You Wasting Your Waste
- ◆ Box City
- ◆ Buyer's Choice
- ◆ Classroom Trash
- ◆ Climate Change
- ◆ Composting in a Jar
- ◆ Cycles and Recycles
- ◆ Cycles in Nature
- ◆ Eco Logic
- ◆ Electronis
- ◆ Ellie and Plastics
- ◆ Energy
- ◆ Famous Environmentalists
- ◆ Food Energy
- ◆ Food for Thought
- ◆ Freshwater
- ◆ H2Ozone
- ◆ Hazardous Routes
- ◆ Invasive Species
- ◆ Litter Hunt
- ◆ Our Natural Resources
- ◆ Plants & Gardening
- ◆ Pollution Solution
- ◆ Pond & Nature Study
- ◆ There is No Away
- ◆ Trash or Treasure
- ◆ Wants & Needs
- ◆ ...AND MANY MORE

Name _____ Counting to six

Wiggly Worm Count

Count.  Cut.  Glue.



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September Dates

to Remember

- Sept. 1st: National Blueberry Popsicle Day
- Sept. 4th: Wildlife Day
- Sept. 6th: Read a Book Day
- Sept. 8th: National Grandparent's Day
- Sept. 9th: Care Bears Share Your Care Day
- Sept. 11th: Make Your Bed Day
- Sept. 15th: Batman Day
- Sept. 21st: National Dance Day
- Sept. 23rd: Autumn Equinox
- Sept. 25th: National Comic Book Day
- Sept. 28th: National Good Neighbor Day