

Hello and Happy New Year! Did you have a good winter vacation? We at REAPS certainly hope you did. Now that school is back it is time to make sure that your worms are okay. Give them a good fluff and check their moisture and food levels. Add what is needed and then return to your normal weekly routine. As always, if you have any questions regarding your worms, or if you are new to the process and would like more information, please reach out to us by calling (250) 561-7327 or send us an email at wormlady@reaps.org.

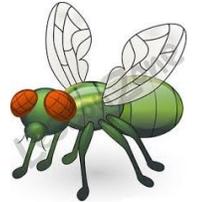
Worm Bin Troubleshooting

Now is a perfect time to check the conditions of your bin to make sure your worms are happy!

Maggots: Maggots will show up if you have meat, oils or any other fatty products in your bin so keep them out!



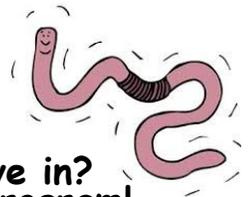
Fruit Flies: Make sure you bury your food waste so it's covered and then change the location of the bin (i.e. across the room).



Worm Crawl/Escape: If you see what looks like worms trying to make a run for it up the sides of the bin, add more shredded paper or harvest the bin. The worms have either run out of food or the bedding is too wet. They may be looking for some "grit" add 1/4 cup more sand.



Rotten Smell: This is most likely because the bin is too wet. Try mixing in more shredded paper and give your bin a good fluff at the same time. Also, stop adding food until the moisture level has gone down a bit.



Wanting to learn more about your worms and the bin they live in? Check out our corresponding activities to the Adopt-a-Worm Program!

Worm Observations

During this presentation students will learn more about the biology of their worms and through observation see how their worms react to different stimuli.

Creatures of the Worm Bin

During this presentation students will learn about and get to look for the other organisms that are living in their worm bin. They will learn which of these organisms are a pests, friends or a combination of both for their worms.

Harvesting

During this presentation students will sort through their worm bins separating their worms from the castings. To take part in this bin most of the paper will need to have been eaten so please check with the worm lady before booking.

Send any questions, art or inquiries to:
The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6
Ph: 250-561-7327 or email: thewormlady@reaps.org

REAPS READER

Have you helped the environment today?

It is a new year and that means time for New Year's resolutions. If you have already made some goals good job! If you have not or are looking for another why not make a promise to be more green this year? There are plenty of things that you can do such as:



Use reusable bags when you go shopping for anything! This way you will not have to use any plastic bags which use lots of oil to make.

Decide if you really need to buy something. You might be able to borrow it from a friend or you might not need it all! By lowering the amount of things that you buy you will help save all of the resources that are required to make something.



Pack your water bottle. British Columbia has some of the cleanest drinking water in the world. Take advantage of this!



Walk or cycle to school. With most residents living nearby their schools, it's suggested that instead of driving, try walking to class. It will help our environment, and save money from idling in the lineup, and from unnecessary driving.



Recycle in your school. Utilize your school's recycling program. If your school doesn't have one, speak with the principle or someone of authority in the school to start one!

Whatever your resolution ends up being, have fun!

Got new toys and clothes at Christmas? Donate your old ones.

By donating your old toys and clothes you help reduce the amount of waste going to landfills, and help other families afford high-quality, well-maintained items. Turn this idea into a New Year Resolution: purge the old when the new is received. Simply pack up the belongings you no longer have use for, and drop them off at any of the local second hand stores, such as: Salvation Army Thrift Store, Missions Thrift Store, Saint Vincent de Paul Thrift Store, Value Village, Hospital Auxiliary Thrift Shop, or Hospice Resale Shop

