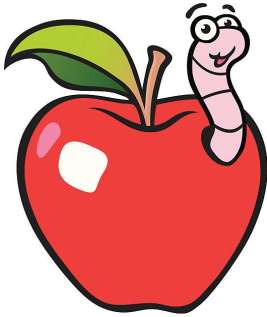


CASTINGS



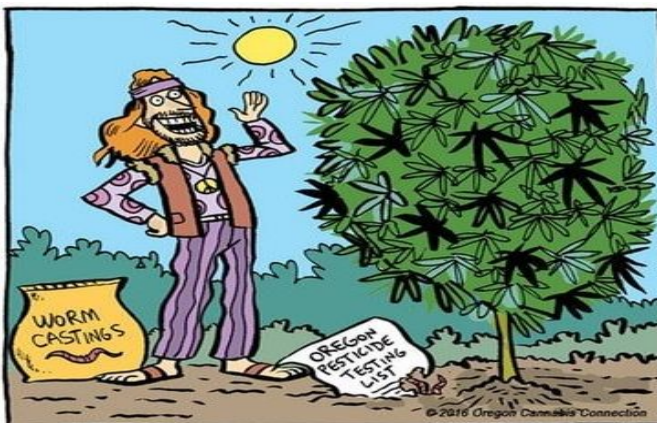
Hello, Mr. Wiggles here. Have you harvested your worm bin? If not give REAPS a call or email to book your harvest and take advantage of these wonderful castings! Castings are vitamins for your plants. Just like the vitamins you take everyday, plants need them too. Here's how you can use your castings:

- 1) **Mulch**—you can use your castings just like a mulch.
Take some of the castings and sprinkle it around the base your plants or dig the castings into the soil.
- 2) **Worm Tea**—you can make a tea with the castings.
 - * fill a 5 gallon bucket with water (use rain water or water that has been left standing for at least 24 hours).
 - * add 2 tablespoons or corn syrup or molasses.
 Place your castings into an old panty hose or anything with a similar mesh.
 * tie off the panty hose and suspend the castings in the bucket of water.
 * add a bubble wand (aerator), like the ones in an aquarium and let the bucket sit for 24 hours.



Use the tea within 48 hours of brewing. You can water your plants with this tea and you can spray the leaves of your plants as well. Spraying the leaves is beneficial because the good microbes from the tea will provide food for the leaves and hopefully replace the bad microbes.

- 3) **Organic Fertilizer** — you can use your castings like a fertilizer.
Take your castings and place around the stem of each plant. Try to incorporate the castings into the top 1/4 inch — 1/3 inch of the soil.
- 4) **Potting Soil**—castings are a great soil booster.
Make sure to use only 1/3 castings in a potting mixture. The other 2/3 will be soil and peat. Planting in 100% castings is too strong for your plants.



Send any questions, art or inquiries to:
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