

REAPS READER

Have you helped the environment today?



Hey everyone! It's May, which means that it's almost time for **Bike to School Week**.

Bike to School week is the first week of National Bike Month, which usually runs from the end of May to the end of June. Bike Month celebrates all the ways that riding a bike is really good for the environment and your health. Riding a bike to school instead of driving in a car is a great form of exercise. It's also a great way to reduce greenhouse gas emissions, which are released every time you drive a vehicle. In order to encourage people to ride their bikes more often, Bike to School Week is a week where everyone tries to ride their bike to school or to work instead of driving. Are you ready for the Bike to School challenge?

If your class thinks that they have what it takes, you should think about registering a team on BikeToWork.ca. You can keep track of how many kilometres you ride your bikes as a team... and you might even win a prize!

In order to inspire you, we also have some ideas for do-it-yourself recycled bike decorations, to keep you riding in style:



(Above: Using decorated toilet paper rolls above to attach streamers to handlebars)



(Left: make a pinwheel out of recycle materials to mount on the front of your bike.)